

SENSORY HISTORY

VESTIBULAR SENSATION

- Seems fearful in space? (using stairs, riding rides)
- Trips or falls often?
- Prefers fast or spinning rides?
- Appears to be in "perpetual motion"?
- Has difficulty sitting still for schoolwork or table activities?
- Frequently gets up from table while eating?
- Leans when sitting or standing?
- Loses balance easily?
- Does not attempt to catch themselves when falling?
- Prefers to sit rather than stand, or lay down rather than sit?
- Stands or sits with a seemingly wide base?
- Avoids participating in sports or movement activities?
- Rocks body when sitting or standing?
- likes to spin body or be spun?
- Has difficulty walking without bouncing or running?

MODULATION

- Shuts down or has meltdowns?
- Has difficulty transitioning from one activity to another?
- Has unpredictable emotional outbursts?
- Slow to recover or hard to calm when upset?
- Shows hypersensitivity to sensation (pain, touch, sound, smell, light)
- Seems to be emotionally "up and down"?
- Has a low frustration tolerance?
- Rocks, bangs head or hits easily when frustrated?
- Seems distractible, short attention to task?

COORDINATION

- Uses mainly one hand at a time in activities requiring one hand?
- Turns body to avoid reaching across midline of body?
- Has poor timing for activities such as jumping jacks or jump rope?
- Has difficulty manipulating small objects?
- Seems clumsy or accident prone? (*frequent scrapes and bruises*)
- Eats in a sloppy manner?
- Has difficulty with pencil activities?
- Has difficulty dressing and/or fastening clothes?
- Has poor spatial awareness? *please indicate:*
 - bumps into objects
 - knocks things over at dinner table
 - bumps into furniture or people
 - bumps into doorways when walking through
- Descends or ascends stairs/ramps without alternating feet?
- Has not established hand dominance.
- Often confuses right and left?
- Has difficulty throwing/catching a ball?

PROPRIOCEPTION

- Collapses or flops down onto furniture?
- Chews on sleeve, collar, or other object?
- Is physically rough with people and objects?
- Toe walks?
- Likes to stomp or jump excessively?
- Likes to climb excessively?
- Pushes or leans heavily against people or furniture?

TACTILE SENSATION

- Was your child irritable in infancy, particularly when held?
- Dislikes being cuddled?
- Dislikes grooming tasks? (*please indicate*)
 - hair washing / combing / brushing
 - face washing / bathing
 - tooth brushing
 - nail trimming
 - hair cutting
- Is irritated by or prefers certain textures of clothing?
- Reacts negatively to the feel of new clothes?
- Prefers tight, well-fitting clothing?
- Prefers loose clothing?
- Prefers multiple layers of clothing?
- Strips off clothing?
- Wraps self in clothing or bedding?
- Frequently adjusts clothing as if it binds or is uncomfortable?
- Prefers to play by themselves (*please indicate*)
 - rather than with another child
 - rather than in groups
- Bumps / pushes other children if standing in line?
- Indicates distress when barefoot?
- Insists on being barefoot?
- Insists on large personal space?
- Prefers to be in corner, under table, behind furniture?
- Rubs spot after being touched?
- Tries to handle or touch everything?
- Avoids having hand held?
- Constantly puts hand or other object in mouth?
- Constantly puts hand in pants or pants pocket?
- Sits on hands/feet?

MOTOR SKILLS/PLANNING and BODY AWARENESS

- Has difficulty positioning self squarely on furniture or playground equipment?
- Is awkward when getting on or off furniture or playground equipment?
- Resists shaping hand to hold objects or another's hand?
- Oversteps or under steps obstacles?

MUSCLE TONE

- Tires easily?
- Demonstrates a weak grip?
- Prefers passive activities over active activities?
- Drools or makes "bubble" when concentrating?

AUDITORY SENSATION

- Seems overly sensitive to sound?
- Uses excessively loud voice or talk?
- Seems to miss some sounds?
- Makes excessive or inappropriate loud noises?
- Seems confused about the direction a sound is coming from?

VISUAL SENSATION

- Appears sensitive to light?
- Resists having one or both eyes covered?
- Becomes excited when confronted with a variety of visual stimuli?

OLFACTORY/ GUSTATORY SENSATION

- Seems very sensitive to odors?
- Acts as if all foods taste the same?
- Seems to not notice colors?
- Explores by mouthing or tasting objects?
- Has difficulty discriminating odors?